

# HADITH



**Subject:** Manners of sneezing

**Level :** Beginners


عَنْ أَبِي هُرَيْرَةَ، قَالَ كَانَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ إِذَا عَظَسَ  
وَضَعَ يَدَهُ أَوْ ثَوْبَهُ عَلَى فِيهِ وَخَفَضَ أَوْ غَضَّ بِهَا صَوْتَهُ .  
(أبو داود).

Abu Hurayrah, May Allah be pleased with him, said:  
When the Messenger of Allah (ﷺ) sneezed, he placed  
his hand or a garment on his mouth, and lessened  
the noise. [Abu Dawud]

## The Meaning of the Hadith

This hadith teaches us about good manners when we sneeze. Prophet Muhammad (ﷺ) showed us how to sneeze in a polite way. When he sneezed, he would cover his mouth with his hand or a piece of cloth. This helps to keep others from getting sick and shows respect for the people around us.

Covering our mouths when we sneeze is very important. It stops the germs from spreading to other people. Just like the Prophet (ﷺ). Also covering the mouth protects other from being misted with our saliva that might fly out when we sneeze with will make people feel disgust.



we should always try to cover our mouths with our hands or something like a tissue or our sleeve. This helps to keep everyone healthy.

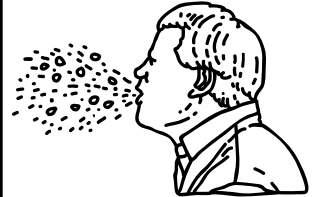
Another thing the Prophet ﷺ did was to lessen the noise when he sneezed. This means he tried not to make a loud noise. Being quiet when we sneeze is a way to be considerate and not disturb others. It shows that we are thinking about the people around us and trying to be polite.

So, the next time you feel a sneeze coming, remember to cover your mouth and try to be quiet. This way, you can follow the example of the Prophet Muhammad ﷺ and show good manners. It is a small action, but it makes a big difference in showing respect and keeping everyone healthy.

# Activities

## DON'T FORGET

Which of these follows the teachings of the Prophet and why?



When the Messenger of Allah (ﷺ) ..... , he placed his ..... or a garment on his ..... , and lessened the noise. [Abu Dawud]

### Answer the Questions

- 1- What did Prophet Muhammad (ﷺ) do when he sneezed?
- 2- Why is it important to cover our mouths when we sneeze?
- 3- How did Prophet Muhammad (ﷺ) lessen the noise when he sneezed?

### Choose the Correct Answer

- 1- What did the Prophet use to cover his mouth when he sneezed?
  - a) His hand
  - b) A garment
  - c) Both a and b
- 2- How can we follow the Prophet's way when we sneeze?
  - a) Sneeze without covering our mouths
  - b) Cover our mouths and be quiet
  - c) Sneeze loudly

### Fill in the Blank

- 1- The Prophet Muhammad (peace be upon him) covered his \_\_\_\_\_ when he sneezed.
- 2- Covering our mouths when we sneeze stops \_\_\_\_\_ from spreading.
- 3- The Prophet Muhammad (peace be upon him) tried to \_\_\_\_\_ the noise when he sneezed.