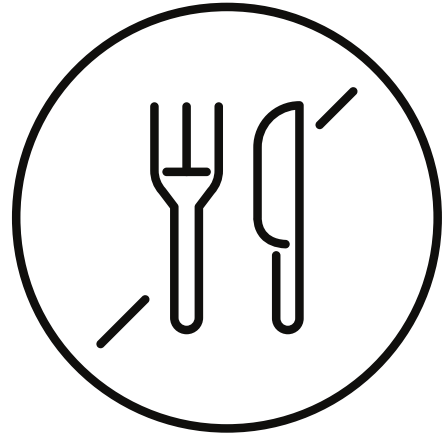


Fasting

FASTING

Fasting or sawm is the fourth pillar of Islam. Fasting means to stop eating and drinking from dawn until sunset with intention. Intention means you fast for the sake of Allah. When you didn't eat or drink, it was because you were doing as Allah told you, not just because you forgot to eat or you were on a diet.



SAHUR

Sahur is the meal we eat before dawn. This is when you wake up after midnight to eat. Sahur is very important for our fasting. Prophet Muhammad, peace be upon him, used to eat Sahur and he encouraged all Muslims to eat Sahur because it is a blessed meal.



IFTAR

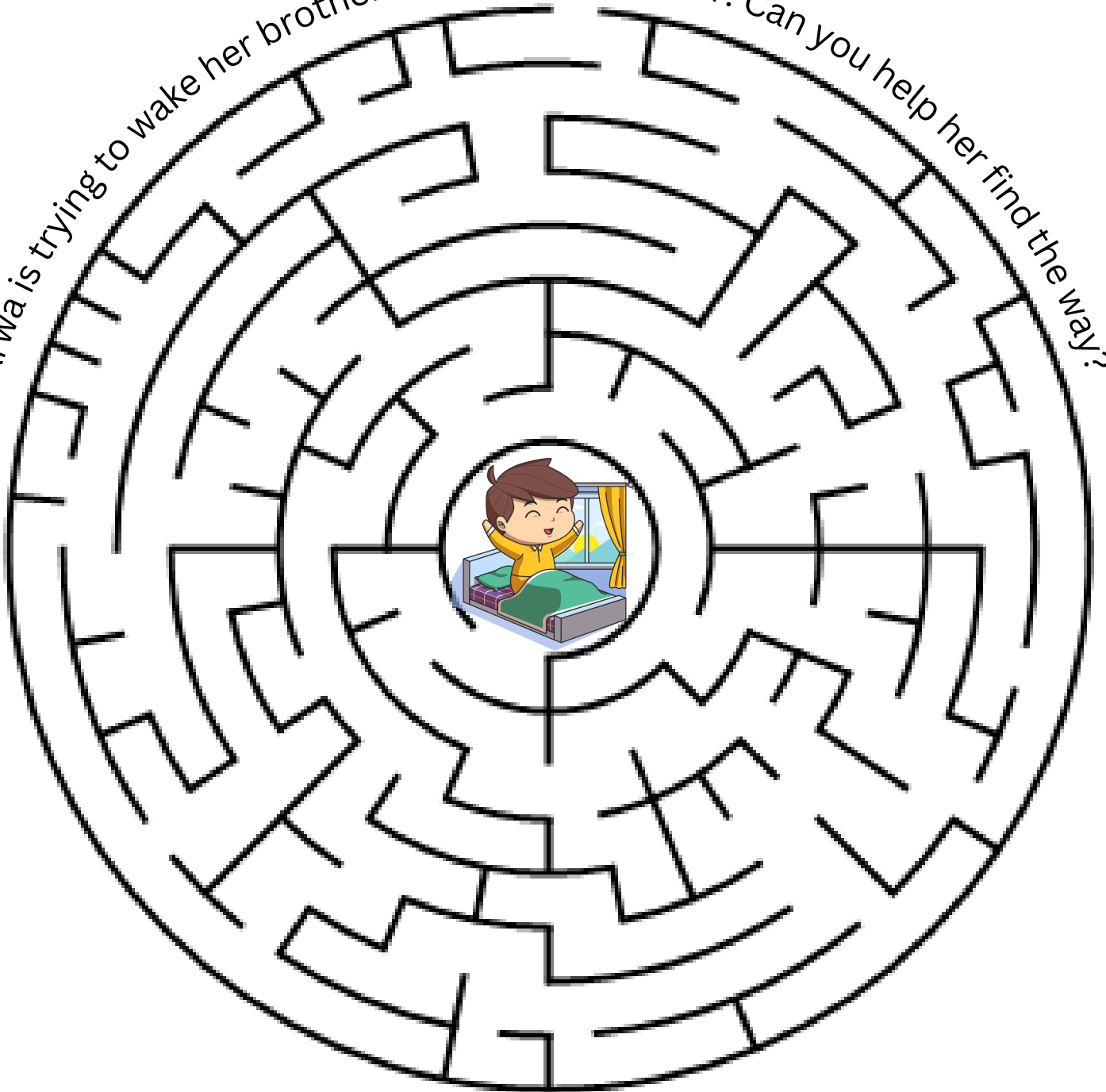
Iftar means break the fast. Iftar is the meal that we eat at the end of the day after sunset. Prophet Muhammad, peace be upon him, liked to break his fasting with some dates and some milk or water.



Maze Heroes



Arwa is trying to wake her brother Ahmad to eat Sahur. Can you help her find the way?



Coloring Match

IFTAR

The meal we eat
before dawn.

RAMADAN

Breaking the fast
after sunset

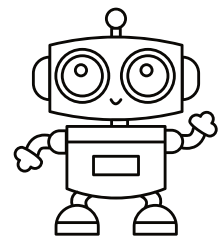
FASTING

Stop eating and drinking
from dawn till sunset with
intention

SAHUR

The ninth month of the
Islamic calendar when we
fast

Why is Sahur very important?



What did Prophet Muhammad used to break his fasting with?



Taraweeh

Taraweeh Prayer

The month of Ramadan has a lot of special things. Taraweeh prayer is one of those special things. Taraweeh prayer is performed during all the nights of Ramadan. Right after finishing Isha prayer, Taraweeh prayer starts.

How to pray Taraweeh?

Taraweeh prayer is performed in twos, just like you do Fajr prayer. Pray two rak'ahs and make tasleem (Assalamu alaykum warhmatullah), then stand up and make another two rak'ahs the same way. When the total is 4 raka'ahs, rest for a short time, then stand up and start again.



Why is it called Taraweeh?

The word Taraweeh is derived from the Arabic word "tarawih," which means rest and relax. It is called Taraweeh because there is a rest after every four rak'ahs.

The reward for praying Taraweeh

The Messenger of Allah (peace and blessings of Allah be upon him) said: "Whoever prays qiyam (i.e. Taraweeh) in Ramadan out of faith and in the hope of reward, his previous sins will be forgiven."

It is better to pray Taraweeh in jama'ah prayer at the masjid with the Imam. Prophet Muhammad, peace be upon him, said: "Whoever prays Qiyam with the Imam until he finishes, Allah (SWT) will record for him the Qiyam of a (whole) night."

Word Search

Prayers

K J H H X H S J A O L X Q D A I M T Q J
W J H C W N K P F A Q P G N C S L A J I
L M G R P M B Y O E J C F R S B Q R M X
L O I G V S V B I C L U L Q T M P X F M
H N G K S S E O W F E O M R T Q T V K E
D I S J R S J I H V V Z P U B A V S R N
L I A N Q G X S G A S R G I A N F F K D
L M E P T S V L U T E U H U D H U H R X
N K C M Q Z G H P T T H E Q O W Y B L I
G K Y Z V E I U W Y E X Q Y C Q P P M S
Q E U Y X E P G L E H U P U T H K N A O
F O Z B C X F B W S V A Q J J H G R G N
S W A M I C B A V E T S F I P D I S H A
M E K Z F O R U P K X R N M C E B T R X
R N J G V A T E U D P D V H V G E M E T
R O P J T K J X P E I V X T K Q G V B M
W J T X F M M R Z N T O M T G S A Z U M
H V B P G W L F G U F J F T U M N L C C
F J Q E I T E Y K H M U L G N T C F W V
E O N R Y Q X O R P H U E D R Q Z W H W

FAJR
MAGHREB
TARAWEEH

DHUHR
ISHA
EID

ASR
JUMUAH

Laylatul Qadr

What is Laylatul Qadr?

Laylatul Qadr (The Night of Decree, Power, or Destiny) is one of the night of Ramadan. It is the most important night in the year, the night when the first verses of the Quran were revealed to the Prophet Muhammad, peace be upon him.



The Importance of Laylatul Qadr

Laylatul Qadr is important for many reasons:

- 1- It is better than 1000 months of worship.
- 2- It has a surah dedicated to it in the Quran (surah Al-Qadr).
- 3- Allah reveals to angels about the fates and the decrees of creation for the next year.
- 4- It is the night during which Quran came down from above the 7th heaven to the worldly heaven, then Prophet Muhammad, peace be upon him.

When is laylatul Qadr?

Laylatul Qadr falls in one of the odd nights from the last 10 nights of Ramadan. It could be the night of the 21st, 23rd, 25th, 27th, or the 29th. No one knows for sure. Allah did not tell us which night is it exactly because He wants us to do our best and worship Him more

Things to do on Laylatul Qadr

On the night of Al-Qadr every Muslim should increase his/her good deeds. Important thing to do on Laylatul Qadr:

- Praying at night
- Reading Quran
- Paying Sadaqah (charity)
- Making lots of Dua