

SURAH ALNAS

LEVEL: BEGINNER

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ (1)
قُلْ أَعُوذُ بِرَبِّ النَّاسِ (1) مَلِكِ النَّاسِ (2) إِلَهِ النَّاسِ (3) مِنْ شَرِّ
الْوَسْوَاسِ الْخَنَّاسِ (4) الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ (5)
مِنَ الْجِنَّةِ وَالنَّاسِ (6)

TRANLITRATION

TRANSLATION

Qul a'oodhu birabbin naas

Say, "I seek refuge in the Lord of mankind,

Malikin naas

The Master of mankind.

Ilaahin naas

The God of mankind,

Min sharril waswaasil khannaas

From the evil of the retreating
whisperer

Alladhee yuwaswisu fee sudoorin
naas

who whispers into the hearts of
humankind

Minal jinnati wannaas

From among the jinn and
mankind."

- 1- It is a Makkan surah.
- 2- It is the surah number 114, which makes it the last surah in the Quran.
- 3- Prophet Muhammad used to recite surah Al-Nas after every prayer.



THE MEANING OF THE AYAT

1- "Say, I seek refuge in the Lord of mankind,"

In this verse, we are taught to turn to Allah as our ultimate protector. Here, Allah is described as the "Lord" (Rabb) of all people, showing that He is the Creator, Caretaker, and Sustainer of every human being.

2- "The Master of mankind,"

Allah is also described as the "master" of humanity, indicating His authority and control over all creation. This shows us that He alone has power over everyone and everything.

3- "The God of mankind,"

Here, Allah is called the "God" (Ilah) of humanity. While people may serve various gods or follow worldly desires, this verse reminds us that there is only one true God and it is Allah.

4- "From the evil of the retreating whisperer,"

This verse asks for protection from the harm caused by the "whisperer." This "whisperer" is the Satan, who tries to plant bad ideas in our minds. It's important to remember that he only has the power to whisper, and he withdraws when we remember Allah.

5- "Who whispers in the hearts of mankind,"

This verse reminds us that Satan's attacks are aimed at our hearts and thoughts. He tries to lead us away from good through inner suggestions and doubts and he retreats when Allah is mentioned.

6- "Among jinn and among mankind."

The "whisperers" include both jinn (unseen beings created by Allah) and people. This reminds us that we can face negative influences not only from Satan but also from others around us.



KEY LESSONS FROM SURAH AL-NAS



1- Seek Protection from Allah Alone

The surah emphasizes that Allah is the only one we should turn to for protection. By calling upon Him as the Lord, King, and God of humanity, we acknowledge His supreme ability to shield us from harm.

STRENGTH

2- Strengthen Your Faith

Satan's power is limited to whispers and doubts, which means that a strong faith in Allah and regular remembrance of Him can make it difficult for such influences to take hold.

Jinn

THE
BAD
FRIEND

3- Beware of Negative Company

The verse about whispers coming from "jinn and mankind" is a reminder to choose our friends wisely and be mindful of environments or people who might pull us away from what is good and pleasing to Allah.



4- Consistency in Supplication

Regularly reciting this surah, along with Surah Al-Falaq (the preceding chapter), is a common practice for seeking spiritual protection. Prophet Muhammad (peace be upon him) recommended reciting these chapters regularly for added protection.

REMINDER

Remember to Read surah Al-Nas after prayers
and before going to bed

ACTIVITIES

CHOOSE THE CORRECT ANSWER

1- Who is the "Lord of mankind" mentioned in Surah Al-Nas?

- a) Prophet Muhammad
- b) Allah
- c) The angels
- d) The caliphs

2- What is the main theme of Surah Al-Nas?

- a) Seeking guidance
- b) Asking for wealth
- c) Seeking protection from evil whispers
- d) Asking for wisdom

3- Who are we asking protection from in Surah Al-Nas?

- a) Animals
- b) Evil whisperers
- c) Prophets
- d) Angels

4- Where was surah Al-Nas revealed?

- a) Madinah
- b) Makkah
- c) Taif
- d) USA

CHOOSE THE CORRECT ANSWER

1- What does "Al-Nas" mean in Arabic?

In Surah Al-Nas, what are the three descriptions of Allah that are mentioned?

Why do we seek protection from whispers according to this surah?

CHOOSE THE CORRECT ANSWER

- a) "Say, I seek refuge in the Lord of mankind"
- b) "The God of mankind,"
- c) "The Master of mankind,"
- d) "From the evil of the whisperer who withdraws,"
- e) "Who whispers in the hearts of mankind,"
- f) "Among jinn and among mankind."