

Subject: Never criticize food

Level : Beginners

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عَنْ أَبِي هُرَيْرَةَ - رَضِيَ اللَّهُ عَنْهُ - قَالَ: مَا عَابَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ طَعَامًا قَطُّ، إِنْ اشْتَهَاهُ أَكَلَهُ، وَإِلَّا تَرَكَهُ. [مُتَّفَقٌ عَلَيْهِ]

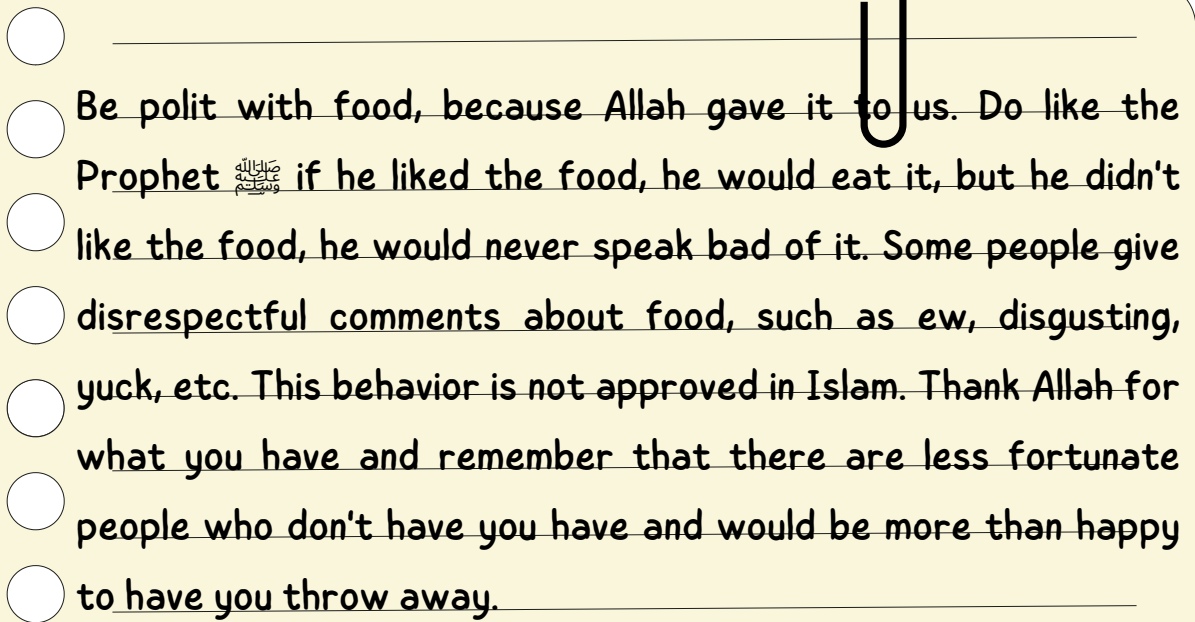
Abu Hurairah, May Allah be pleased with him said: The Prophet ﷺ never criticized any food. If he liked it, he would eat it, if he disliked it, he would leave it. [Al-Bukhari and Muslim]

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The Meaning of the Hadith

Food is a blessing from Allah that we must appreciate and know how to deal with. In this hadith, Abu Hurairah, one of the companions of Prophet Muhammad ﷺ, is telling us how the Prophet ﷺ was behaving with food. The Prophet ﷺ never said bad things about any food. If he liked the food, he would eat it happily. If he didn't like it, he simply wouldn't eat it, but he wouldn't say anything mean about it.

All halal food is good, none of them is bad. All kinds of food are useful and help us be stronger. Everyone of us likes some food and dislikes some others, however, this doesn't give us the right to talk bad about the food we don't like. There is nothing wrong with the food you don't like, it is just you who don't like, because there are other people who enjoy it.

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- ☐ _____
- ☐ Be polite with food, because Allah gave it to us. Do like the Prophet ﷺ if he liked the food, he would eat it, but he didn't
- ☐ like the food, he would never speak bad of it. Some people give
- ☐ disrespectful comments about food, such as ew, disgusting, yuck, etc. This behavior is not approved in Islam. Thank Allah for
- ☐ what you have and remember that there are less fortunate
- ☐ people who don't have you have and would be more than happy
- ☐ to have you throw away. _____
- ☐ _____

Activities

DON'T FORGET

As Muslims who love our Prophet and learning to follow his way, Put ✓ in front the things that Prophet Muhammad would approve and put ✗ in of what he wouldn't approve regarding food.

The Prophet ﷺ never criticized any food. If he liked it, he would eat it, if he disliked it, he would leave it.

[Al-Bukhari and Muslim]



Bismillah

BAD!

Alhamdulillah

Answer the Following

- 1- What did the Prophet ﷺ do when a food he likes was presented to him?
- 2- What did the Prophet ﷺ do when a food he dislikes was presented to him?

Ahmad doesn't like green peas, when he saw his friend eating green peas, Ahmad did not say anything bad about the food because he learned not to talk bad about any food. However, Ahmad turned his face away and made this face.

Do you think that was okay since he didn't say anything?

