

ِ عَلَى فِيهِ، فَإِنَّ الشَّيْطَانَ يَدْخُلُ". (مُسْلِم)

The Messenger of Allah ﷺ said, "When one yawns, he should put his hand over his mouth, otherwise the devil will enter." [Muslim].

The Meaning of the Hadith

This hadith teaches us something important about good manners and being polit. Prophet Muhammad said that when we yawn, we should cover our mouths with our hands. Yawning is something that happens to everyone. It's a natural thing that our bodies do when we are tired or lazy. Shaytan likes to see us this way, showing that we are tired and lazy because then we will not be able to worship Allah. it will make us feel lazy and tired to pray, study or doing anything useful.

There are some steps we should follow when we feel we are going to yawn:

1- Try to suppress it, but if you couldn't,

- 2- Cover your mouth with your hand, clothes, or anything,
- 3- do not make sound when you yawn.

The hadith also mentions that if we don't cover our mouths when we yawn, the devil can enter. So, by not following the teachings of the Prophet while yawning, this increases the power and the influence of the Satan and give him power and makes it easier for him to whisper to us. In another narration, the Prophet 2018 said that the Shaytan laughs when he sees people yawning and not covering their mouths, because its funny for him.

So, remember to always cover your mouth when you yawn. It shows that you are polite, considerate, and mindful of good manners. It's a small action, but it makes a big difference in how we follow Islam and respect others and take care of ourselves.



