

## What is Prayer?

Prayer is the second pillar of Islam and it is the most repeated. Every Muslim must pray 5 times everyday. Fajr prayer is 2 rak'ahs, Dhuhr prayer is 4 rak'ahs, Asr prayer is 4 rak'ahs, Maghrib prayer is 3 rak'ahs, and Isha prayer is 4 rak'ahs,

### Why is prayer important?

#### 1- Prayer removes sins

Prophet Muhammad ﷺ said: "If there was a river by the door of any one of you, and he bathed in it five times each day, would there be any trace of dirt left on him?" They said: "No trace of dirt would be left on him." He said: "That is the likeness of the five daily prayers. By means of them Allah erases sins." [Bukhari and Muslim]

#### 2- Prayer helps you quit the sins

When you pray, Allah will help you to do what is right and keep you away from what is wrong.

إِنَّ الصَّلَاةَ تَنْهَى عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ. [العنكبوت: 45]

Indeed, prayer prevents from Al-Fahshaa (immoral sins) and Al-Munkar (evil deeds)

## Prayer

**3- Prayer is the first thing we will be asked about on the Day of Judgment.**

The Messenger of Allah (ﷺ) said, "The first of man's deeds for which he will be called to account on the Day of Resurrection will be prayer. If it is found to be perfect, he will be safe and successful; but if it is incomplete, he will be unfortunate and a loser.

### How to pray?

Every prayer is composed of a number of rak'ahs (units). Each unit is composed of a set of sayings and movements.

- 1- Nyyah
- 2- Standing.
- 3- Takbeeratu Al-Ihram
- 4- Reciting Surah Al-Fatihah.
- 5- Reading another Surah after Al-Fatihah.
- 6- Ruku' (bowing down) and say (Subhana rabiyyah al-'atheem)
- 7- Standing up from Ruku' and say Sami'a Allah liman hamidah.
- 8- Sujood (prostrating) and say (Subhana rabiyyah al-a'ala).
- 9- Sitting up after sujood and say (rabbi ighfir li)
- 10- Go down for sujood again and say (Subhana rabiyyah al-a'ala).
- 11- Raising from sujood.

this is called one rak'ah, if you are doing fajr prayer, you will need to do this two times, in Asr prayer, you will need to do this 4 times.

## Tashahhud

12- If the prayer is more than two Rakah's, you need to do something after raising from the second sujood, which is the middle Tashahhud.

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ، السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ،  
السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا  
عَبْدُهُ وَرَسُولُهُ.

at-taḥiyyātu li-llāhi, wa-ṣ-ṣalawātu wa-ṭ-ṭayyibātu. as-salāmu  
'alayka 'ayyuhā n-nabiyyu wa raḥmatu -llāhi wa barakātuḥu. as-  
salāmu 'alaynā wa 'alā 'ibādi -llāhi ṣ-ṣāliḥīna. 'ashhadu 'an lā  
'ilāha 'illā -llāhu wa 'ashhadu 'anna muḥammadan 'abduhu wa  
rasūluḥū.

"Salutations to Allah and prayers and good deeds. Peace be upon you, O Prophet, as well as Allah's mercy and His blessings. Peace be upon us and upon the righteous servants of Allah. I bear witness that there is no deity but Allah, and I bear witness that Muhammad is His servant and His Messenger."

## Prayer

13- At the end of Prayer, you have to recite the last tashahhud:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ  
إِنَّكَ حَمِيدٌ مَجِيدٌ اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ  
وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ

Allāhumma ṣalli ‘alā Muḥammadin wa ‘alā āli Muḥammad(in), kamā ṣallayta ‘alā Ibrāhīma wa ‘alā āli Ibrāhīm(a), innaka Ḥamīdun Majīd. Allāhumma bārik ‘alā Muḥammadin wa ‘alā āli Muḥammad(in), kamā bārakta ‘alā Ibrāhīma wa ‘alā āli Ibrāhīm(a), innaka Ḥamīdun Majīd.

O Allah, send prayers upon Muhammad and upon the family of Muhammad just as You have sent prayers upon Ibrahim and upon the family of Ibrahim, verily You are the Praiseworthy, the Glorious. O Allah, bless Muhammad and the family of Muhammad just as You have blessed Ibrahim and the family of Ibrahim, verily You are the Praiseworthy, the Glorious.

### 14- Tasleem at the end:

Tasleem is the last action in the prayer by saying “Assalamualaikum warahmatullah” one time to the right side and another to the left side.

# QUIZ

## Multiple Choice Questions

1- How many rak'ahs are in the Fajr prayer?

- a) 4                      b) 3                      c) 2

2- What is the first thing Muslims will be asked about on the Day of Judgment?

- a) Fasting                      b) Charity  
c) Prayer                      d) Hajj

3- Which Surah is always recited in every rak'ah of Salah?

- a) Al-Ikhlās                      b) Al-Fatihah  
c) Al-Baqarah                      d) Al-Kawthar

4- What is the second pillar of Islam?

- a) Zakah    b) Salah  
c) Hajj    d) Fasting

5- Which prayer is performed before sunrise?

- a) Dhuhr  
b) Asr  
c) Fajr  
d) Isha

6- What is the last action in Salah?

- a) Tashahhud                      b) Ruku'  
c) Tasleem                      d) Sujood

7- Which action marks the beginning of Salah?

- a) Ruku'  
b) Takbeeratu Al-Ihram  
c) Sujood  
d) Tashahhud

D	L	U	I	B	T	Z	C	G	Q
U	T	R	U	I	P	E	L	R	B
H	K	Y	I	R	H	I	M	G	Y
H	E	U	X	I	J	R	R	N	O
A	A	E	R	O	W	B	A	Z	B
H	S	I	P	W	R	Z	C	M	Q
S	A	E	I	R	Z	R	C	E	Q
A	L	H	Y	E	Q	I	R	M	T
T	S	Q	I	S	U	J	O	O	D
N	G	A	V	T	T	U	Z	J	S
G	D	I	J	H	A	Y	Y	E	N
P	E	B	D	P	G	F	O	V	A
R	E	R	A	A	Y	O	U	C	A
C	Y	I	D	S	V	Z	I	D	X
F	Q	U	D	H	N	T	R	B	T

NEYYAH	IHRAM	FATIAH
RUKE	SUJOD	TASHAHUD

# QUIZ

## Fill - in - the - Blank

1. Muslims must pray \_\_\_\_\_ times every day.
2. The first prayer of the day is called \_\_\_\_\_.
3. Maghrib prayer has \_\_\_\_\_ rak'ahs.
4. Salah prevents \_\_\_\_\_ and \_\_\_\_\_.
5. During Sujood, Muslims say \_\_\_\_\_.
6. \_\_\_\_\_ is the second pillar of Islam.
7. The first step of Salah is called \_\_\_\_\_.
8. Prophet Muhammad ﷺ compared Salah to bathing in a river \_\_\_\_\_ times daily.
9. \_\_\_\_\_ is the surah that must be recited in every rak'ah.
10. The last action of Salah is \_\_\_\_\_.

## True or False

1. Muslims must pray six times daily.
2. Fajr prayer is performed after sunrise.
3. Prophet Muhammad ﷺ said prayer removes sins.
4. Tasleem is the last action of Salah.
5. Sujood means bowing down.
6. The Maghrib prayer has 3 rak'ahs.
7. Salah prevents immoral sins and evil deeds.
8. Every prayer must start with Tashahhud.
9. Reciting Surah Al-Fatihah is a must in every rak'ah.
10. Salah is one of the five pillars of Islam.

# QUIZ

## Answer the Questions

- 1- How many rak'ahs are in the Asr prayer?
- 2- What is Salah?
- 3- What is the importance of prayer?
- 4- What do Muslims say during Sujood?
- 5- Which surah is always recited in Salah?
- 6- What is Tasleem?
- 7- What is Ruku' in Salah?
- 8- How many rak'ahs are in Isha prayer?
- 9- Why do Muslims pray five times a day?
- 10- What does the Tashahhud include?